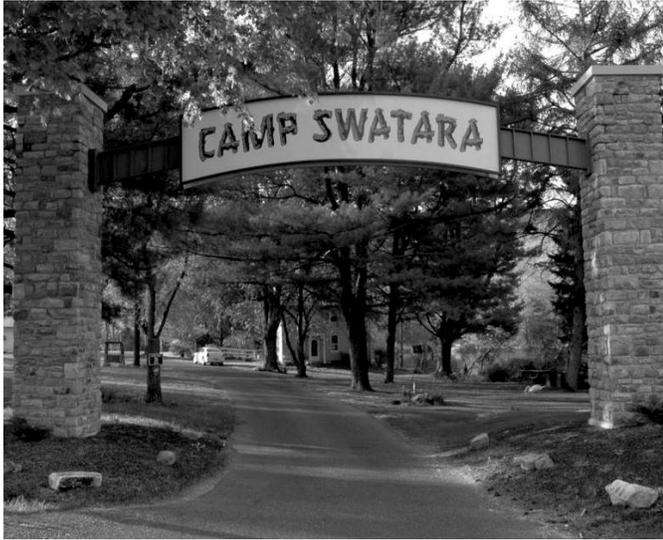


# Caln Quarter Annual Gathering of Friends



## Repairing the World: Building Hope in Dark Times

May 3-5, 2024  
Camp Swatara  
Bethel, PA

Register through April 15, 2024  
Through the mail or online:

<https://calnquarterlymeeting.ticketspice.com/2024-caln-quarterly-meeting-at-camp-swatara>

**Welcome** - For almost 50 years, Caln Quarter Friends have nurtured a tradition of fellowship, learning, worship and enjoying the pristine natural setting of Camp Swatara. The Camp is located in northwest Berks County at the foot of Blue Mountain and bounded by the Appalachian Trail.

For those who are returning, **welcome back**. For those coming for the first time, imagine a weekend with people eager to listen, learn, and connect with Friends. Meetings for Worship are large, yet personal. Workshops and the plenary session expose us to initiatives in the wider Quaker community. There is something for everyone. Join us for this delightful weekend with our Quaker community. Relax, learn, play, and chat with Friends of all ages; take home new ideas, friendships, and lots of memories.

This year's theme is **Repairing the world: Building hope in dark times**. It takes more creativity, and perhaps contact with the divine, to build hope at this time when we are constantly bombarded with darkness. Bishop Desmond Tutu has said, "Hope is being able to see the light, despite all the darkness."

As Friends in community, we can glean resources from our Quaker tradition that will help each other to repair the world. Come to Camp Swatara and see what we can do to inspire and encourage one another in seeing the Light.

### **COVID Safety**

- Masks are optional unless the county (Lebanon) infection rates are in the High category.
- Testing is not required to attend Camp Swatara.
- If you are not feeling well please decide not to attend. Any registration fees will be refunded.

**Activities** - The weekend will feature Meeting for Worship with Attention to Business on Sunday morning, and workshops on Saturday afternoon. The Plenary Panel on **Building Hope** will be on Saturday morning after Meeting for Worship. Other delightful activities include yoga, hiking, an art show, singing, bird-watching, and, of course, the annual Intergenerational Talent Show on Saturday evening. See the schedule on page 2. For information about the art show, contact Becky Ross at [stayinthepresent@yahoo.com](mailto:stayinthepresent@yahoo.com)

Preschool and elementary-age children have programs designed for fun and making new friends. Middle School and Young Friends enjoy a lively agenda coordinated by the Philadelphia Yearly Meeting staff and open to all PYM youth. Young Adult Friends (ages 18 to 35ish) who wish to share a cabin can indicate their preference on the registration form.

**Worship** - Friends can gather for Meeting for Worship on Friday evening and on Saturday morning. On Sunday morning, after the Quarter's Meeting for Worship with Attention to Business, the community will worship outdoors, weather permitting

**Lodging & Food** - On site are rustic cabins, heated lodges, and a hotel-type lodge. Four bunk-style lodges have bathroom and shower facilities. We may be able to offer same-sex cabins or lodges if requested in advance. For those who prefer their tent or RV, another option is the family camp section of the Camp. Meals in the main lodge are buffet-style with vegetarian, vegan, or special diet options at each meal.

Pay As Led removes economic barriers to participation at this Caln Quarter Spring Gathering of Friends. Registrants discern what their budget will allow them to spend to attend the weekend gathering. Some Friends will pay a portion of the actual costs and other Friends may feel led to pay more than the actual costs. See page 4 for more information.

## 2024 Activity Schedule

In addition to scheduled activities, Friends are invited to relax and enjoy Camp Swatara – go for a hike, climb the rock pile, read a book under a tree, talk with a friend – whatever will refresh your spirit.

**Friday, May 3** Feel free to bring a picnic supper Friday evening. No meal is served.

	6:00-9:00 PM		Registration (East Lodge entranceway)
	7:00-8:00 PM		Meeting for Worship for all ages (Dining Hall)
	7:30-9:30 PM		Campfire with music/stories/games (West area)

### Saturday, May 4

	7:00-8:00 AM		Yoga (North Lodge second floor) - self-care activity
	8:00-8:30 AM		Breakfast (East Lodge Dining Hall)
	8:30-9:30 AM		Registration (East Lodge entranceway)
<b>CP</b>	9:00-9:30 AM		Meeting for Worship (East Lodge Main Hall)
<b>CP</b>	9:45-11:00 AM		Plenary panel
	11:45-12:30		Registration (East Lodge entranceway)
	12:00-12:45 PM		Lunch (East Lodge Dining Hall)
<b>CP</b>	1:00-2:30 PM		<b>WORKSHOP SESSIONS A</b> (see descriptions on the next page)
<b>CP</b>	2:45-4:15 PM		<b>WORKSHOP SESSIONS B</b> (see descriptions on the next page)
	4:30-5:30 PM		<b>Free time/Shape Note Singing (multi-generational)/Art Show</b>
	5:30-6:30 PM		Dinner (East Lodge dining hall)
	6:30-7:30 PM		Quaker Art Reception (North Lodge, second floor)
	7:30-8:30 PM		Intergenerational Talent Show (East Lodge main hall)
	8:30-10:00 PM		Fellowship and Sing-along (East Lodge Main Hall) and Campfire. Jeff Dominic will lead the Sing-along

### Sunday, May 5

	6:00 AM		Bird Walk (Meet at East Lodge Main Entrance) – self-care activity facilitated by John Hayden - with plenty of birds and bird puns
	7:00-8:00 AM		Yoga (North Lodge second floor) - self-care activity
	8:00-8:45 AM		Breakfast (East Lodge Dining Hall)
	8:30-9:15 AM		Hymn singing (East Lodge Main Hall)
<b>CP</b>	9:30-11:00 AM		<b>Meeting for worship with attention to business</b>
<b>CP</b>	11:15 AM-12:00		Meeting for Worship for all ages (Children join worship at 11:45 AM)
	12:15-12:45 PM		Lunch (East Lodge Dining Hall)
	1:00 PM		Clean-up and farewell

**CP** – There will be both the children’s program and childcare at this time, beginning 15 minutes before, and until 15 minutes after the activity. Program leaders, volunteers, and the children will be waiting for their parents’ timely arrival.

**PLENARY SESSION:** A three-member panel will address the questions: *How can we be hopeful in these challenging times?* and *Realistically what can one do that makes a difference in our world today?* There will be time for audience response following the panel’s presentations. The panel includes Nancy Bieber (Lancaster), Inaara Shiraz (PYM & Chestnut Hill), and Jean-Marie Prestwidge-Barch (Schuylkill)

#### ATTENTION CALN ARTISTS:

#### Quaker Art Show 2024

Art is on display throughout the weekend. Please bring your artwork to North Lodge, 2nd floor on Friday evening, or as early as possible Saturday morning. Becky Ross and Chris Field will assist you.

## **WORKSHOPS**

(subject to change- final schedule will be available at Camp Swatara)

### **Workshop 1 SATURDAY 1:00 – 2:30**

#### **1A. ORGANIC COOKING CLASS**

Faith Alahverdian, Sadsbury Monthly Meeting, will lead a hands-on organic cooking class focusing on gratitude, mindfulness, self-love and community.

Food nourishes our mind, body & soul. Preparation of a delicious meal with friends can be a joyful, mindful, health giving experience when one approaches it with a mindset of gratitude, awe & love. Our group will prepare & eat a delicious mini meal from local, organic ingredients. We will learn knife skills, culinary knowledge, nutrition and more. In a world where hope can seem daunting, the earth's harvest is a great place to find hope, gratitude, love & community.

Faith is a retired chef, food writer & culinary educator who enjoys delving deep into food history & gastronomy. Organic gardening is a late-in-life passion in which she has found deep connection with God, nature, nurture, self-love, love for others, gratitude & great hope.

#### **1B. THE CENTRAL ROLE OF CATTLE**

Barbara Corson, Harrisburg Monthly Meeting, offers a short presentation about the fundamental roles that cattle and their relatives played in shaping our planet and our species. Today it's hard for most of us to imagine life without fossil fuels, but for hundreds of thousands of years, humans did just that. How did we manage it? A big part of the answer to that question is: "Cattle!" In fact, cattle have been so important in shaping our planet and our species that you really need to know at least a little about them before you can understand either natural history or human history. Unfortunately, today it is getting harder and harder to learn about cattle, as industrial agriculture takes over more and more small farms. This is happening in Pennsylvania and around the world.

#### **1C. POWER OF 8 INTENTIONAL HEALING GROUP**

Anne Wallace-DiGarbo, Lancaster Meeting, will introduce the experience of stories of transformation written & illustrated by adults and children from all over the world. After welcome and guides for being together, we will listen to a story from a collection entitled *Power of Goodness: Art and Stories for a Culture of Peace*—stories of innovation, intervention & inspiration with no good guys or bad guys just non-violent reshaping of experience. In every situation there is potential for movement from trouble to accessing a power of goodness—a motion to love. The workshop will explore through story, group discussion, exercises and an option for creative expression, those initiatives that shift a difficult circumstance to actions for repair & restoration.

+The book is available at:

<https://friendspeacetteams.org/power-of-goodness-publications/>

### **Workshop 2 SATURDAY 2:45 – 4:15**

#### **2A. TRANSFORMATIVE INCLUSIVITY; REIMAGINING QUAKER LANGUAGE**

Inaara Shiraz, the Inclusion and Belonging Coordinator at Philadelphia Yearly Meeting and regular attendee at Chestnut Hill Friends Meeting, will help us consider transformative inclusivity, and reimagining Quaker language.

Difficult times provide an opportunity for us to either maintain our world as it is, or re-shape it so that we may be in a more just and loving communion with one another. Language is one tool we have as Friends to understand our past, and to communicate to ourselves how we hope to be in the future. This workshop will explore various examples of language we normally use within Quaker spaces and the impact of this language. We will think through regularly used language that can be welcoming to Friends, and language that can lead to exclusion or the perpetuation of bias and prejudice within our communities. The overarching query will be: How can our language communicate what we believe and welcome Friends of all experiences?

#### **2B. HISTORY OF QUAKERS IN THIS AREA**

Matthew Green, Exeter Meeting, history of Quakers in this area with regards to anti-slavery efforts.

Exploring the history of the Quakers in Southeast Pennsylvania and their activism against slavery, particularly through organizations like the Pennsylvania Abolition Society and the Underground Railroad, provides valuable insights into the intersection of values and activism. The Quaker principles, often summarized by the acronym SPICES (Simplicity, Peace, Integrity, Community, Equality, and Stewardship), guided their anti-slavery efforts, emphasizing equality and community responsibility. By examining their actions, we can draw lessons applicable to modern activism, such as the importance of community collaboration, steadfast integrity, and a commitment to peace and equality. This will be a presentation to encourage group discussion.

#### **2C. SOUND IMMERSION EXPERIENCE**

Jen Ryan, Exeter Meeting, will be sharing a sound immersion experience.

Sound immersion is effortless and provides inner peace and stress relief in an overly-demanding modern world through sound and vibrational immersion with gong, handpan, singing bowls, chimes, drums and more! You will lie or sit comfortably, doing nothing and simply being, for this hour of peaceful being. Deep listening to intentional sound and vibration effortlessly relieves stress, calms the mind, improves sleep and overall focus, plus so much more.

Dress comfortably for this offering.

Here is a video for a visual of what the experience entails:

[https://youtu.be/hi2LyXv63tg?si=jyY9upz8vo3T8D\\_W](https://youtu.be/hi2LyXv63tg?si=jyY9upz8vo3T8D_W)

## **WORKSHOPS** (continued)

### **1D. SCIENCE & SPIRITUALITY & FUN**

Izzy Brunori, Sadsbury Meeting, will guide a fun discussion about science, spirituality, and sharing our beliefs with our increasingly science-based society. How would you describe Quakerism to little green men from outer space? All of us do have a common language that is the language of math and physics. Terms are common to everyone because they are the fundamental laws of nature. Quantum physics gives us some additional terms. If we could put our practices and beliefs in those terms, perhaps the Alien would understand. We'll do a quick explanation of some quantum physics terms and what they mean. Then we'll ask everyone how they would use those terms to describe their beliefs. Some questions or examples are: Is the unified field like the Holy Spirit or the Light? Is the Observer like God? Is Entanglement like being Gathered in the Light?

### **2D. FUN WAYS TO BUILD COMMUNITY**

Campbell Plowden, Harrisburg Meeting, will be seeking the nonsense of the Meeting, or 7 fun ways to build community with Friends. This workshop will provide a fun and safe environment for Friends to get to know each other and build community through creative games and other activities inside and outside. The session will be led by Campbell Plowden drawing from his experience as an Alternatives to Violence Project facilitator, Shaver's Creek Team Building facilitator, Acclimatization (experiential nature) instructor, Peruvian Native Artisan workshop leader and Greenpeace media coordinator. Participants will enjoy learning activities they may use in their home Meetings or other settings to have fun playing, creating and problem solving together. All people who are young and young at heart are encouraged to join.

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## **PAY AS LED: An Experiment in Abundance**

Community, a Quaker testimony, is a priority for Caln Quarter. Camp Swatara weekend is an annual opportunity to gather with Quakers from across the Quarter, and beyond. Many Friends do not attend because the cost is a barrier. Flexible registration fees allow individuals and families to discern the amount they can afford to attend our spring gathering.

The actual cost to Caln Quarter for the spring gathering at Camp Swatara in 2024 is \$184 per person for the weekend (Plan A: cabin, meals, camp fees, and miscellaneous costs).

In order to remove the economic barriers to participation at Swatara, we have instituted a Pay As Led registration. Registrants discern what their budget allows them to spend in order to attend the weekend gathering. Some Friends will pay a portion of the actual costs and other Friends will pay more than the actual costs, as they are able. When registering, simply indicate the amount that you are able to pay, and the remainder will be covered by the Monthly Meeting and Quarter.

You may register online and pay by credit card or send a check to Caln Quarterly Meeting, c/o John Hayden, 378 Old York Road, New Cumberland PA 17070-3152. You do not have to request a subsidy from your Monthly Meeting.

We have taken a 'leap of faith' with this Pay As Led approach and trust in the spirit of Caln Quarter Friends. We believe that this Experiment in Abundance will enable Friends to be as generous as possible while celebrating Community, to support the Caln Quarter's Spring retreat at Camp Swatara, an annual tradition for over 40 years.

We offer Pay As Led for registration fees, meals, and lodging in the cabins, but not the lodges.

“Let us see what LOVE can do.” -William Penn

## LODGING TYPES

Camp Swatara offers a variety of accommodations:

**Cabins:** Heated cabins that sleep 20, bunkhouse-style, with in-house showers and toilets

**Rustic:** Unheated cabins, sleep 10, nearby washhouse

**West Lodge and West Retreat:** Private room with 1 bunk and two queen beds; bathroom down the hall

**North Lodge:** 10 motel-style rooms with 1 bunk and two queen beds, private bath, towel, and linen service

We will not be assigning specific spaces in the cabins. However, there will be a list of cabins near the registration area where you may post your name and location if you wish.

**NOTE:** The **North Lodge**, offering one fully ADA-equipped room, has been very popular in past years. To ensure your stay there, please register early (first come-first served).

It is also possible to camp in either a tent or a recreational vehicle at the Camp Swatara Family Campground. You will need to register with them separately on your own ahead of time—the earlier the better. Visit online at:

<https://www.campswatara.org/familycamp>

**NOTE: Campers must also submit Weekend Registration Fee (or register online).** If you are camping but wish to eat some or all meals in the dining hall, select meals al-a-carte along with the Weekend Registration Fee.

### What to Bring:

The weather can change dramatically over the weekend so bring appropriate clothing for any eventuality (warm or cool, wet, or dry). Depending on your interests, consider quiet games, sports equipment, and musical instruments. If you plan to stay overnight, bring a flashlight, sleeping bag or sheets, blankets, pillow, towel, toiletries, etc. Children should bring an extra pair of shoes.

### Weekend Expectations:

- Every attendee takes a turn cleaning the Dining Hall after a meal. Assignments will be posted there.
- Sweep your cabin before you leave.
- Don't disturb the wildflowers or wildlife.
- Keep the camp clean and litter-free.
- No smoking, drugs, alcohol, or pets
- No skateboards, radios, electronic games, knives, guns, or other weapons

### Camp Swatara Says:

*"Take nothing but photos.  
Leave nothing but footprints.  
Kill nothing but time."*

## FEES

**Children in 5th grade or younger, all meals, lodging, and day fees are free.**  
(We still need everyone to register for an accurate count)

To cover costs, including rental of the buildings we use, the children's program, and other fixed costs, we have included a \$75 registration fee per adult for the weekend.

Register online here:

<https://calnquarterlymeeting.ticketspice.com/2024-caln-quarterly-meeting-at-camp-swatara>

## PAY AS LED

**WE DO NOT WANT ANY CALN QUARTER FRIENDS TO MISS THIS RETREAT FOR LACK OF FUNDS. Please register, even if you can only pay \$0, and check the "Pay As Led" box.**

**REGISTRATION IS DIFFERENT THIS YEAR**  
**If you have come to Camp Swatara in past years, you will notice that registration is organized differently in 2024. Registration may be simpler. But it is also more expensive.**

### Lodging fees:

Rustic or bunk-house style cabin - \$40 per night per person

West Lodge and West Retreat - \$175 per night PER ROOM

North Lodge - \$215 per night PER ROOM

### Adult Meal Fees (5<sup>th</sup> grade and under are free):

Saturday breakfast - \$13

Saturday lunch - \$16.50

Saturday supper - \$21

Sunday breakfast - \$13

Sunday noon dinner - \$16.50

# Registration for Camp Swatara 2024

Register online here:

<https://calnquarterlymeeting.ticketspice.com/2024-caln-quarterly-meeting-at-camp-swatara>

Registration deadline: April 15, 2024

Name:	Phone (day):
Address:	Phone (evening):
Meeting:	Email address:

Please list all family members, campers, speakers, Friendly Presences, Counselors, Middle School\* and Young Friends\* who will be attending.

If you have special needs, e.g. vegetarian, please specify. Note that the kitchen provides only enough vegetarian meals for those ordered!	Day visitors and campers: include the Adult Weekend Registration Fee. For <i>al a carte</i> food, check each meal you plan to eat.
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Name	Age, if child	Grade, if child	Workshop session #'s	Lodging Type*	SAT breakfast \$13	SAT lunch \$16.50	SAT dinner \$19	SUN breakfast \$14	SUN lunch \$16.50	Share lodging with these people....
<b>Totals</b>										

<p><b>*Lodging Type:</b> B bunk house; R rustic cabin; L for lodge; N for North Lodge Motel; N/A for MS and YF; YAF for Young Adult Friends Cabin; FEMALE for housing with women only (if available); MALE for housing with men only (if available)</p>	<p><b>Day Fees</b> _____</p> <p><b>Total Cost</b> _____</p> <p><b>Optional Donation</b> _____</p> <p><b>TOTAL ENCLOSED</b> _____</p>
<p><b>Register <u>Online</u> or complete this form and mail by April 15, 2024</b></p> <p>Make checks payable to “Caln Quarterly Meeting” (checks will be deposited upon receipt.) Mail all registration forms and checks to: <a href="mailto:John.Hayden@caln.org">John Hayden, 378 Old York Road, New Cumberland PA 17070-3152</a></p> <p><b>No refunds for cancellations received after 4/15/2024</b></p>	<p>If you have any <b>questions</b>, contact:</p> <p>Clerk- Joe Moore <a href="mailto:josephmoore2626@gmail.com">josephmoore2626@gmail.com</a></p> <p>Registrar – Jim Herr <a href="mailto:jim.herr2@gmail.com">jim.herr2@gmail.com</a></p>
<p><b><i>*All PYM Young Friends and Middle School Friends programs are registered through Caln Quarter and those Friends should register either online (as listed above) or with this paper form and mailed via US Post. Caln Quarter will forward contact information to PYM. PYM staff will send insurance and permission forms that will need to be completed prior to arrival for the weekend. Any questions on the PYM program, please contact Kristin Simmons at <a href="mailto:KSimmons@pym.org">KSimmons@pym.org</a></i></b></p>	

## Pre-School and Elementary Programming (K-5)

Dawn DeWitt and Caitlin Briggs work very well together as a team in a PreK classroom at Child Development, Inc. — Mahanoy City Center. They both planned and ran our Elementary program in recent years.

### General

- ❖ Be sure to have the children dress appropriately for cool and warm weather, for getting a little dirty in the woods and fields with shoes that are sturdy enough for hiking and walking.
- ❖ In warmer weather, kids are drawn to the stream, so an extra pair of old sneakers and a towel come in handy.
- ❖ Let us know in advance of any special needs.
- ❖ Please complete the form below with the age and grade of your child(ren) and return it with your registration. It will greatly help in planning our program.

### CHILDREN'S SESSION TIMES:

**Session A: Saturday Morning 8:45 am - 11:45 am**

**Session B: Saturday Afternoon 12:45 pm - 4:15 pm**

**Session C: Sunday Morning 9:00 am - 11:45 am** (The children will join Meeting for Worship.)

## CHILDREN'S PROGRAM REGISTRATION

Name and Age of Child(ren): \_\_\_\_\_

Meeting: \_\_\_\_\_ Parent Name(s): \_\_\_\_\_

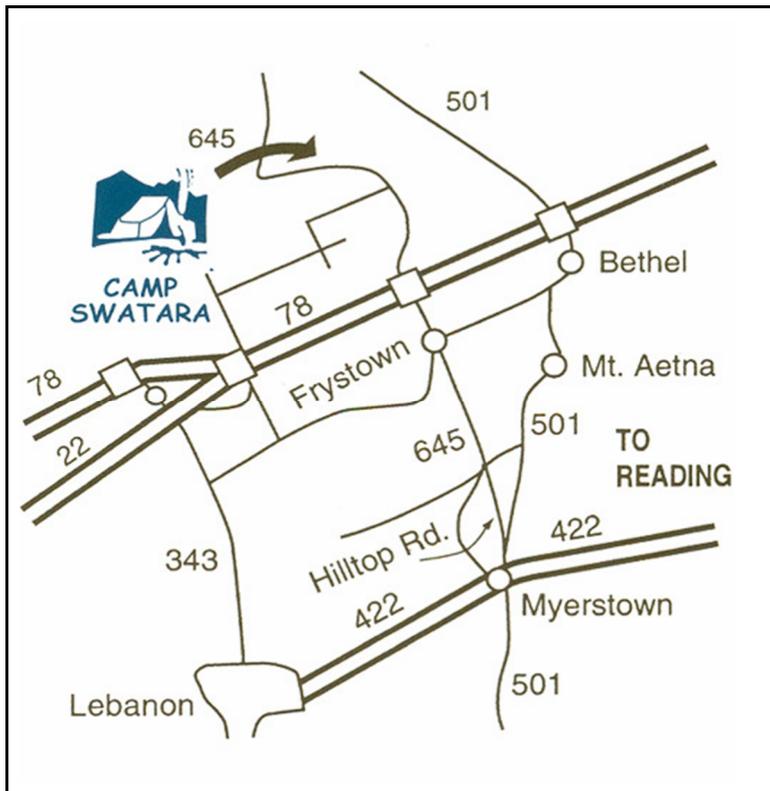
Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Expect to need childcare: Saturday Morning\_\_\_\_ Saturday Afternoon\_\_\_\_ Sunday Morning\_\_\_\_

**Caln Quarterly Meeting**  
Camp Swatara Planning Committee  
c/o Joe Moore  
207 Red Fox Lane  
Lititz, PA 17543

**Caln Quarter Family Weekend at Camp Swatara**  
May 3-5, 2024

Please Register by April 15, 2024



**CAMP SWATARA**

Located at the foot of beautiful Blue Mountain in northwestern Berks County, Pennsylvania, Camp Swatara is owned and operated by the Atlantic Northeast District Church of the Brethren and is a member of the Outdoor Ministries Association of the Church of the Brethren.

<http://www.campswatara.org>

For GPS MAPPING FROM YOUR LOCATION USE:

2905 Camp Swatara Road  
Bethel Township, PA 19507-9554