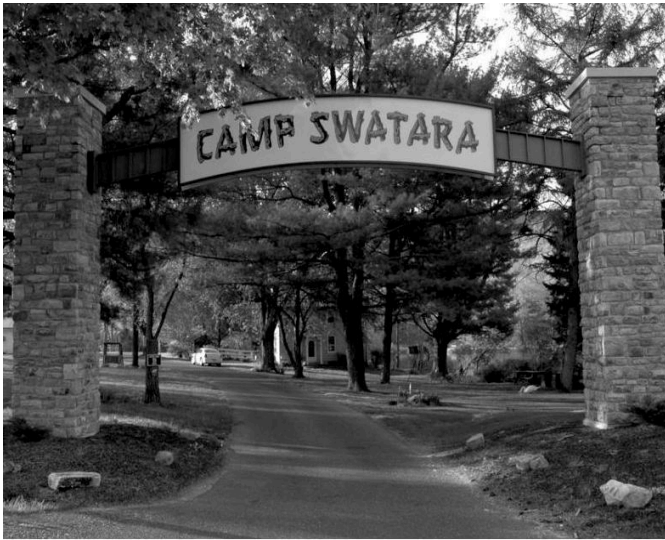


Caln Quarter Annual Gathering of Friends



Building Inclusive Communities:

How Can Quakers Do It?

May 2-4, 2025

Camp Swatara

Bethel, PA

Register through April 15, 2025

Through the mail or online:

<https://calnquarterlymeeting.ticketspice.com/2025-caln-quarterly-meeting-at-camp-swatara>

Welcome - For almost 50 years, Caln Quarter Friends have nurtured a tradition of fellowship, learning, worship, and enjoying the pristine natural setting of Camp Swatara. The Camp is located in northwest Berks County at the foot of Blue Mountain and bounded by the Appalachian Trail.

For those who are returning, **welcome back**. For those coming for the first time, imagine a weekend with people eager to listen, learn, and connect with Friends. Meetings for Worship are large, yet personal. Workshops and the plenary session expose us to initiatives in the wider Quaker community. There is something for everyone. Join us for this engaging weekend with our Quaker community. Relax, learn, play, and chat with Friends of all ages; take home new ideas, friendships, and lots of memories.

This year's theme is **Building Inclusive Communities: How can Quakers do it?** As Friends in community, we can glean resources from our Quaker tradition that will help each other to repair the world. Come to Camp Swatara and see what we can do to inspire and encourage one another in seeing the Light.

COVID/Flu Safety: Masks are optional. If you are not feeling well, please decide not to attend. Any registration fees will be refunded.

Activities - The weekend will feature Meeting for Worship with Attention to Business on Sunday morning, and workshops on Saturday afternoon. The Plenary Panel will be on Saturday morning after Meeting for Worship. Other delightful activities include yoga, hiking, an art show, singing, bird-watching, and, of course, the annual Intergenerational Talent Show on Saturday evening. See the schedule on page 2. For information about the art show, contact. (Becky Ross at stayinthe-present@yahoo.com)

Preschool and elementary-age children attend at no charge and have programs designed for fun and making new friends. Middle School and Young Friends enjoy a lively agenda coordinated by the Philadelphia Yearly Meeting staff and open to all PYM youth. PYM and Caln Quarter Young Adult Friends (ages 18 to 35ish) can be part of the PYM YAF event at Camp Swatara and can indicate their participation on the registration form.

Worship - Friends can gather for Meeting for Worship on Saturday morning. On Sunday morning, after the Quarter's Meeting for Worship with Attention to Business, the community will worship outdoors, weather permitting.

Lodging - On site are rustic cabins, heated lodges, and a hotel-type lodge. Bunk-style lodges have bathroom and shower facilities. We may be able to offer same-sex cabins or lodges if requested in advance. For those who prefer their tent or RV, another option is the family camp section of the Camp.

Pay As Led removes economic barriers to participation at this Caln Quarter Annual Gathering of Friends. Registrants discern what their budget will allow them to spend to attend the weekend gathering. Some Friends will pay a portion of the actual costs and other Friends may feel led to pay more than the actual costs. See page 4 for more information.

Food - For the first time, we can share with you the menu for the weekend. As you can see, it's not the usual summer camp food. Instead, it is primarily vegan to avoid most of the special meals, which last year cost Caln Quarter about \$700. However, if you have dietary restrictions, please let us know on your registration. **Menu: Saturday: Breakfast:** carrot cake, baked oatmeal (apple sauce will be substituted for the eggs in the recipe & soy butter for regular butter) it will have raisins, cinnamon, cloves, etc., and topped with molasses and orange sauce. Also hash brown potatoes, oat milk, fresh

pineapple wedge, assorted juices, soy crumbles, coffee & hot tea service. **Lunch:** BBQ black bean gyro, lettuce & onion, coconut yogurt (vegan friendly) tzatziki sauce, tomato & basil bisque, lemonade, spiced pear bake. **Dinner:** portabella, savoy cabbage, & sweet pepper stir-fry over turmeric rice pilaf with teriyaki sauce, punch, and vegan cranberry cake. **Sunday: Breakfast:** plant-based sausage, pepper, and onion wrap, home fries, banana, assorted juice, oat milk, coffee & hot tea service. **Lunch:** country vegetable burger on lettuce bed, vegetable & couscous soup with roasted pepitas. tropical fruit salad, punch.

2025 Activity Schedule

In addition to scheduled activities, Friends are invited to relax and enjoy Camp Swatara – go for a hike, climb the rock pile, read a book under a tree, talk with a friend – whatever will refresh your spirit.

Friday, May 2 Feel free to bring a picnic supper Friday evening. No meal is served.

	6:00-9:00 PM		Registration (East Lodge entranceway)
	7:30-9:30 PM		Campfire with music/stories/games (West area)

Saturday, May 3

	7:00-8:00 AM		Yoga (North Lodge second floor) - self-care activity
	8:00-8:30 AM		Breakfast (East Lodge dining hall)
	8:30-9:30 AM		Registration (East Lodge entranceway)
CP	9:00-9:30 AM		Meeting for Worship (East Lodge main hall)
CP	9:45-11:00 AM		Plenary panel: Bringing Marginalized People to our Meetings
	11:45-12:30		Registration (East Lodge entranceway)
	12:00-12:45 PM		Lunch (East Lodge dining hall)
CP	1:00-2:30 PM		WORKSHOP SESSIONS A (see descriptions on the next page)
CP	2:45-4:15 PM		WORKSHOP SESSIONS B (see descriptions on the next page)
	4:30-5:30 PM		Free time/Shape Note Singing (multi-generational)/Art Show
	5:30-6:30 PM		Dinner (East Lodge dining hall)
	6:30-7:30 PM		Quaker Art Reception (North Lodge, second floor)
	7:30-8:30 PM		Intergenerational Talent Show (East Lodge main hall)
	8:30-10:00 PM		Fellowship and sing-along (East Lodge main hall) and Campfire

Sunday, May 4

	6:00 AM		Bird Walk (Meet at East Lodge main entrance) - John Hayden - self-care activity
	7:00-8:00 AM		Yoga (North Lodge second floor) - self-care activity
	8:00-8:45 AM		Breakfast (East Lodge dining hall)
	8:30-9:15 AM		Hymn singing (East Lodge main hall)
CP	9:30-11:00 AM		Meeting for worship with attention to business
CP	11:15 AM-12:00		Meeting for Worship for all ages (Children join worship at 11:45 AM)
	12:15-12:45 PM		Lunch (East Lodge dining hall)
	1:00 PM		Clean-up and farewell

CP – There will be both the children's program and childcare at this time, beginning 15 minutes before, and until 15 minutes after the activity. Program leaders, volunteers, and the children will be waiting for their parents' timely arrival.

PLENARY SESSION:

Our plenary panel will be focusing on the weekend theme, "Building Inclusive Communities How Can Quakers Do It?" How can we offer a place of comfort and community to those who are often marginalized? We have invited some speakers who can address that central question, including Jerry Matheny, who has worked with a Lutheran church in Hagerstown overseeing a food pantry and a soup kitchen. Jerry has seen poverty and addiction up close for years. Friends say Jerry, who also identifies as LGBTQ, is a testament to kindness and goodness. Also joining us will be Theresa Oleksiw, a Quaker from Maine who has done a lot of research on food insecurity and the extent of poverty among working people. She's a seasoned public speaker and active in both her meeting and New England Yearly Meeting. Finally, we will include several Young Friends, who will be telling us what attracts them to Quakerism and what will keep them with us. Please join us!

ATTENTION CALN ARTISTS:

Quaker Art Show 2025

Art is on display throughout the weekend. Please bring your artwork to North Lodge, 2nd floor on Friday evening, or as early as possible Saturday morning. Becky Ross and Chris Field will assist you.

WORKSHOPS

(subject to change- final schedule will be available at Camp Swatara)

Workshop 1 SATURDAY 1:00 – 2:30

1A. SOUND IMMERSION: EFFORTLESS INNER PEACE AND STRESS RELIEF Jen Ryan, Exeter

Jen will be sharing a sound immersion experience. Sound immersion is effortless and provides inner peace and stress relief in an overly-demanding modern world through sound and vibrational immersion with gong, handpan, singing bowls, chimes, drums, and more! You will lie or sit comfortably, doing nothing and simply being, for this hour of peaceful being. Deep listening to intentional sound and vibration effortlessly relieves stress, calms the mind, and improves sleep and overall focus, plus so much more. Dress comfortably for this offering. Here is a [video](#) for a visual of what the experience entails.

1B. THE IMPACT OF SEGREGATION Brian HERNON, Lancaster

Brian wrote an op-ed in 2023 “The impact of segregation lingers in Hamilton Park.” My neighborhood, Hamilton Park, began in the 1920s as a segregated community with racially restrictive deeds. Our neighborhoods and our country have changed since the sixties, but I’m still living on a block of all white people. This is the history, locally and nationally, and a measurement of how far we’ve come.

1C. EVERYONE IS EVERYWHERE Jennifer Hanf, Reading

Reach out with Light to connect with others of different viewpoints. When can we engage in authentic dialogue? How do we listen for Truth?

1D. COVENANT COMMUNITY AND THE COVENANT OF LIGHT

Tom Gates, Lancaster

We will explore how an understanding of "Covenant Community and the Covenant of Light" might inform our understanding of our local Quaker communities, and in particular how we understand our disagreements and conflicts, as well as our capacity to build inclusive communities.

1E. PYM ECO-JUSTICE COLLABORATIVE CASE STUDIES John Hayden, Harrisburg

A review of Pym Eco-Justice Collaborative Case studies will help you through the process of performing an energy Benchmark for your Meetinghouse. If you would like to do some homework ahead of time, please contact John Hayden (jbhayden1@gmail.com; 717-449-6488)

Workshop 2 SATURDAY 2:45 – 4:15

2A. A STUDY AND DISCUSSION OF THE QUAKER PRACTICE OF BEING IN THE LIGHT

Claudia Kirk and Izzy Brunori, Sadsbury

How does "Being in the Light" affect our feeling of inclusivity? How can we use how we feel about the election and how can we use that to build a community of Light? What is Light? How do we define it? What role does the Light play in our Quaker practice? Are you practicing Being in the Light and how do you do that? What do we mean when Quaker says "minding the Light." What insight can we gather from the Course in Miracles and how can new ideas edify our Quaker practice? The physics of light and how that can give us insight into our spiritual journey. Do we understand the physical properties of light and how it's more than just illumination and warmth? If light can send us information through the internet and phone, how does that change our view of the Light? Can we fully embrace the power and implications of what light really is and who we really are?

2B. YOGA AND MEDITATION Bryan Hogan, Exeter

Ways to engage the mind with the breath, posture, and how this deepens our connection to spirit. Yoga and meditation aim to join us with Spirit through a union of mind, body, and breath.

2C. INTRODUCTION TO THE POWER OF GOODNESS Anne Wallace-DiGarbo, Lancaster

We will listen to a story from a collection entitled "Power of Goodness: Art and Stories for a Culture of Peace"-stories of innovation, intervention, and inspiration with no good guys or bad guys just non-violent reshaping of experience.

2D. NAVIGATING DISAGREEMENTS

PYM Young Friends will lead an interactive workshop entitled "Navigating Disagreements". It will be a fun, hands-on workshop about managing different opinions in today's world. It will include small group activities, and large group conversation and sharing.

Pay As Led: An Experiment in Abundance

Community, a Quaker testimony, is a priority for Caln Quarter. Camp Swatara weekend is an annual opportunity to gather with Quakers from across the Quarter, and beyond. Many Friends do not attend because the cost is a barrier. Flexible registration fees allow individuals and families to discern the amount they can afford to attend our spring gathering.

The actual cost to Caln Quarter for the spring gathering at Camp Swatara in 2025 is \$235 per person for the weekend (includes the weekend fee, two nights in a cabin, five meals, and miscellaneous costs).

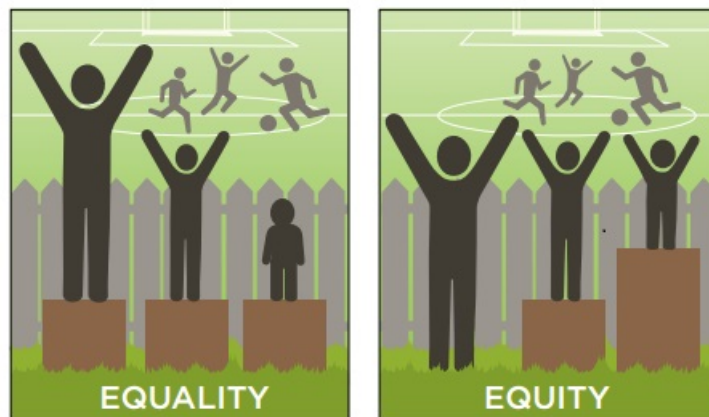
In order to remove the economic barriers to participation at Swatara, we have instituted a Pay As Led registration. Registrants discern what their budget allows them to spend in order to attend the weekend gathering. Some Friends will pay a portion of the actual costs and other Friends will pay more than the actual costs, as they are able. When registering, simply indicate the amount that you are able to pay and the remainder will be covered by the Monthly Meeting and Quarter or a PYM program for Middle School Friends, Young Friends, and Young Adult Friends (YAF have access to a Travel and Witness Grant to support attending Camp Swatara).

You may register online and pay by credit card or send a check to Caln Quarterly Meeting, c/o John Hayden, 378 Old York Road, New Cumberland PA 17070-3152. You do not have to request a subsidy from your Monthly Meeting.

We have taken a 'leap of faith' with this Pay As Led approach and trust in the spirit of Caln Quarter Friends. We believe that this Experiment in Abundance will enable Friends to be as generous as possible while celebrating the Community, to support the Caln Quarter Annual Gathering of Friends, an annual tradition for over 40 years.

We offer Pay As Led for registration fees, meals, and lodging in the cabins, but not the West Retreat, West Lodge, or North Lodge.

“Let us see what LOVE can do.” -William Penn



LODGING

Camp Swatara offers a variety of accommodations:

Cabins: Heated cabins that sleep 20, bunkhouse-style, with in-house showers and toilets

West Retreat, West Lodge: Private room with 5 bunk beds (ideal for families)

North Lodge: 10 motel-style rooms with 5 beds, private bath, towel, and linen service

We will not be assigning specific spaces in the cabins.

NOTE: The **North Lodge**, offering one fully ADA-equipped room, has been very popular in past years. To ensure your stay there, please register early (first come-first served).

It is also possible to camp in either a tent or a recreational vehicle at the Camp Swatara Family Campground. You will need to register with them separately on your own ahead of time—the earlier the better. Visit online at:

<https://www.campswatara.org/familycamp>

NOTE: Campers must also submit the Registration Form with the Day Registration Fee (or [register online](#)). If you are camping but wish to eat some or all meals in the dining hall, sign up under **Plan C plus the Day Registration** and indicate which meals you want.

What to Bring:

The weather can change dramatically over the weekend so bring appropriate clothing for any eventuality (warm or cool, wet or dry). Depending on your interests, consider quiet games, sports equipment, and musical instruments. If you plan to stay overnight, bring a flashlight, sleeping bag or sheets, blankets, pillow, towel, toiletries, etc. Children should bring an extra pair of shoes.

Weekend Expectations:

- Every attendee takes a turn cleaning the Dining Hall after a meal. Assignments will be posted there.
- Sweep your cabin before you leave.
- Don't disturb the wildflowers or wildlife.
- Keep the camp clean and litter-free.
- No smoking, drugs, alcohol or pets
- No skateboards, radios, CD players, electronic games, knives, guns, or other weapons

Camp Swatara Says:

*"Take nothing but photos.
Leave nothing but footprints.
Kill nothing but time."*

FEES

Children in 5th grade or younger, all meals, lodging, and day fees are free.
(We still need everyone to register for an accurate count)

To cover costs, including rental of the East Lodge main room, and other fixed costs, **everyone will pay a \$75 registration fee.**

Register online here:

<https://calnquarterlymeeting.ticketspice.com/2025-caln-quarterly-meeting-at-camp-swatara>

PAY AS LED

WE DO NOT WANT ANY CALN QUARTER FRIENDS TO MISS THIS RETREAT FOR LACK OF FUNDS. Please register, even if you can pay \$0, and check the "Pay As Led" box.

IT IS DIFFERENT THIS YEAR

If you have come to Camp Swatara in past years, you will notice that things are different in 2025. Registration may be simpler. But it is also more expensive.

Lodging fees:

- Rustic or bunk-house style cabin - \$40 per night per person
- West Retreat and West Lodge with 5 bunk beds - \$175 per night PER ROOM
- North Lodge - \$215 per night PER ROOM

Meal Fees:

Saturday breakfast - \$13

Saturday lunch - \$16.50

Saturday supper - \$21

Sunday breakfast - \$13

Sunday noon dinner - \$16.50

Registration for Camp Swatara 2025

Register online here:

<https://calnquarterlymeeting.ticketspice.com/2025-caln-quarterly-meeting-at-camp-swatara>

Registration deadline: April 15, 2025

Name:	Phone (day):
Address:	Phone (evening):
Meeting:	Email address:

Please list **all** family members, campers, speakers, Friendly Presences, Counselors, Middle School* and Young Friends* who will be attending.

If you have special needs, e.g. food allergies, vegan, please specify. Note that the kitchen provides only enough vegetarian meals for those ordered!	Day visitors and campers, include the Day Registration Fees. Indicate <i>al a carte</i> meal choices below and check each meal you plan to attend.
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Name	Age, if child	Grade, if child	Workshop session #'s	Lodging Preference *	SAT breakfast \$13	SAT lunch \$16.50	SAT dinner \$21	SUN breakfast \$13	SUN lunch \$16.50	Share lodging with these people....
Totals										

*Lodging Preference: B bunk house; R rustic cabin; L for lodge; N for North Lodge Motel; N/A for MS and YF; YAF for Young Adult Friends Cabin; FEMALE for housing with women only (if available); MALE for housing with men only (if available)	Day Fees _____ Total Cost _____ Optional Donation _____ TOTAL ENCLOSED _____
Register <u>Online</u> or complete this form and mail it by April 15, 2025 Make checks payable to "Caln Quarterly Meeting" (checks will be deposited upon receipt.) Mail all registration forms and checks to: John Hayden, 378 Old York Road, New Cumberland PA 17070-3152 No refunds for cancellations received after 4/15/2025	If you have any questions , contact: Clerk- Joe Moore josephmoore2626@gmail.com Registrar – Jim Herr jim.herr2@gmail.com
<i>*All Young Friends and Middle School Friends programs are coordinated through Caln Quarter and those Friends should register either online (as listed above) or with this paper form and mailed via US Post. Caln Quarter will forward contact information to PYM. PYM staff will send insurance and permission forms that will need to be completed prior to arrival for the weekend. Any questions about the PYM program, please contact Kristin Simmons at KSimmons@pym.org</i>	

Pre-School and Elementary Programming (K-5)

Dawn DeWitt and Caitlin Briggs work very well together as a team in a PreK classroom at Child Development, Inc. — Mahanoy City Center. They both planned and ran our Elementary program last year.

General

- ❖ Be sure to have the children dress appropriately for cool and warm weather, for getting a little dirty in the woods and fields with shoes that are sturdy enough for hiking and walking.
- ❖ In warmer weather, kids are drawn to the stream, so an extra pair of old sneakers and a towel come in handy.
- ❖ Let us know in advance of any special needs.
- ❖ Please complete the form below with the age and grade of your child(ren) and return it with your registration. It will greatly help in planning our program.

CHILDREN'S SESSION TIMES:

Session A: Saturday Morning 8:45 am - 11:45 am

Session B: Saturday Afternoon 12:45 pm - 4:15 pm

Session C: Sunday Morning 9:00 am - 11:45 am (The children will join Meeting for Worship.)

CHILDREN'S PROGRAM REGISTRATION

Name and Age of Child(ren): _____

Meeting: _____ Parent Name(s): _____

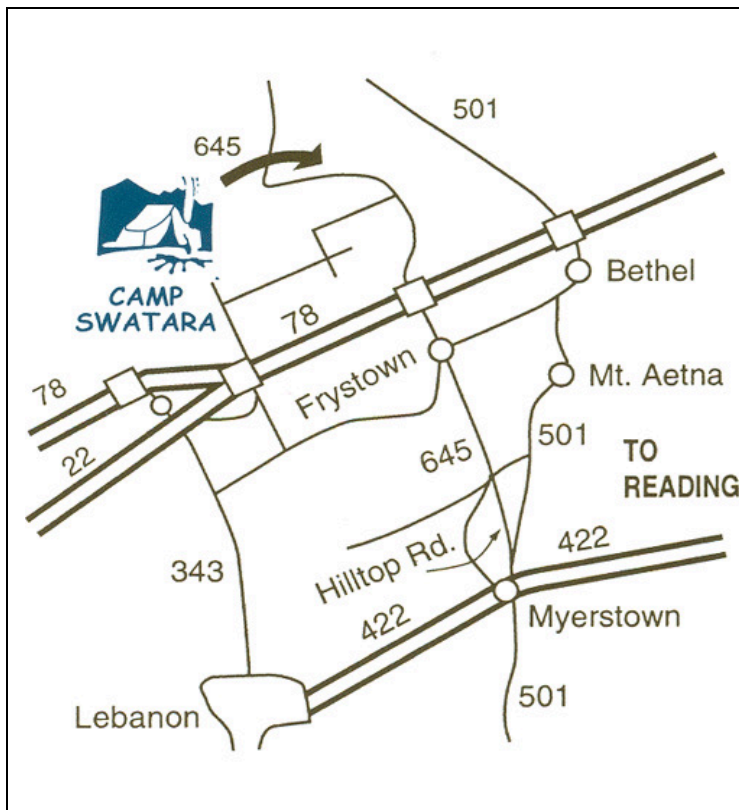
Phone: _____ Email: _____

Expect to need childcare: Saturday Morning____ Saturday Afternoon____ Sunday Morning____

Caln Quarterly Meeting
Camp Swatara Planning Committee
c/o Joe Moore
207 Red Fox Lane
Lititz, PA 17543

Caln Quarter Family Weekend at Camp Swatara
May 2-4, 2025

Please Register by April 15, 2025



CAMP SWATARA

Located at the foot of beautiful Blue Mountain in northwestern Berks County, Pennsylvania, Camp Swatara is owned and operated by the Atlantic Northeast District Church of the Brethren and is a member of the Outdoor Ministries Association of the Church of the Brethren.

<http://www.campswatara.org>

For GPS MAPPING FROM YOUR LOCATION USE:

2905 Camp Swatara Road
Bethel Township, PA 19507-9554

